

Consent for Coil Insertion

Making my choice

I have read or listened to NHS website information, along with the Pulteney Patient Information Leaflet which together have informed me of the many benefits of the coil. I have had sufficient opportunity to have my questions answered and time to make a balanced decision.

I have chosen the following (please tick one box):

	The Intrauterine System = the hormone coil = the Mirena (or Jaydess) <ul style="list-style-type: none">• This will stop my periods entirely or make them light and irregular• This can be used as a treatment for endometriosis or fibroids, or as part of HRT• It is also a superb contraceptive
	The Intrauterine Device = the copper coil = the T-safe (or NovaT) <ul style="list-style-type: none">• This is entirely hormone free so periods will follow my natural cycle• My periods may become bit longer, heavier and painful• It is another superb contraceptive

I am sure I am not pregnant

I understand that a contraceptive implant must not be fitted if there is any chance at all that I could be pregnant. One or more of the following applies to me (please tick any relevant boxes):

	I am on contraception that I have used properly
	I am on a normal menstrual period
	I am not on a period, but I have not had any unprotected sex with a fertile male since my last normal menstrual period
	I had unprotected sex with a fertile male over 28 days ago and haven't had a period since then, so today have done a pregnancy test which was negative.
	I am breastfeeding at least every 4 hours and my baby is less than 6 months old
	I haven't had a period since a termination of pregnancy, but have not had any unprotected sex with a fertile male since then either

Or, I am at risk of becoming pregnant as I have had unprotected sex since my last period but,

	All episodes of sex took place within the last 5 days
	My expected ovulation date is within the last 5 days

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I am aware of the risks

I understand that, as with all contraceptive methods, there is a small possibility (1:1000) that pregnancy can still occur, and I accept this risk. In the rare case of pregnancy with a coil in place there is a possibility that such a pregnancy could be ectopic (outside the womb). Ectopic pregnancy in coil users is vanishingly rare (1:5000) but if it occurs it can become a life-threatening medical emergency.

I confirm that it is my responsibility to report to a duty team member any severe pains after insertion, especially if they double me over. This is not normal and could be a sign of womb perforation. Again, this is extremely rare (1:1000) but important so I must get my coil checked.

Development of an offensive discharge after coil fit is not normal either, it could be a sign of a sexually transmitted infection so again I'd report that to a duty clinician as I'd probably need a swab and antibiotics.

Removing or changing my coil

I confirm that it is my responsibility to attend for removal of this coil at the appropriate time. I understand that the Pulteney Practice will not contact me regarding this but will expect me to attend of my own accord. The hormonal coil is changed after 8 years if used for contraception and changed at 4 years if used for HRT. The copper coil is changed after 10 years.

I can of course have my coil removed any time earlier than that by booking for coil removal. If I want to avoid a pregnancy, I need to ensure that I haven't had any unprotected sex within seven days of the removal. If I am planning to conceive, I'm aware that I should start taking folic acid supplements three months prior to removing the coil, and my partner and I should stop any smoking or alcohol habits.

Print Name

Signature

Date